



2019 Family Fitness Camp for Wellness

Date of Events: July 10, 17, 24, and 31

Time: 8:00 a.m. – 10:00 a.m. (except for July 31st 10:30am – 12:30pm)

Location: Canyon Hills Sports Park, 34360 Canyon Hills Road, Lake Elsinore, CA 92532

Requirements: Prior to arrival, be properly hydrated and eat a light breakfast. Dress in appropriate attire, footwear and apply sunscreen if needed.

Run & Course: Entire family is encouraged to run/walk for an hour at your own pace. Course will be on a flat concrete terrain (stroller friendly). Water will be provided throughout the run/walk. Snacks will be distributed following the completion of the course.

T-Shirts: Camp T-shirt is encouraged to be worn during clinic in order to properly identify participants.

Clinic Advisors: Lorna Mortensen, Eric Mortensen & Lee Burton

Awards: Performance and participation awards will be given

End of Camp Party: Pins-N-Pockets - 32250 Mission Trail, Lake Elsinore, CA 92530. Camp participants must attend at least 2 (two) camp days to participate in the End of Camp Party.

Purpose: To promote healthy family living, networking amongst families, and social development for youth.



Kamali'i Kids Camp Registration Form

Family Fitness Camp for Wellness

Complete this form and return to Kamali'i by Friday June 28, 2019

Name: _____ Date: _____

Gender: _____ Date of Birth: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip Code: _____

T-Shirt Size (Please Check One): Adult _____ Child _____

(Please Circle One): S M L XL 2XL

Waiver

I know that running is a potentially hazardous activity. I should not enter and run in this activity unless I am medically able and properly trained. I agree to abide by a decision of a clinic advisor or volunteer relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in this clinic including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the terrain on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my registration for this activity, I, for myself and anyone entitled to act on my behalf, waive and release Kamali'i Foster Family Agency, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (participant): _____

Signature (parent/guardian): _____